

Sarah

SHORT BIO

A former (NSW) Young Australian of the Year, Sarah draws on 20 years as a nurse and humanitarian to bring a uniquely global and deeply human perspective to the way humans think, work and behave.

Specialising in cancer services and palliative care, and having worked with some of the world's poorest people, Sarah is known for her deep commitment to nursing the human spirit.

Through her personal experience of burnout, Sarah believes that empowering people to thrive in the workplace is pivotal to a healthy workforce.

Most recently, Sarah worked as a Health Advisor in a safe house in Spain for survivors of human trafficking. In her current role as Director of Unchained Solutions, Sarah inspires Australians to be leaders in making an impact on modern slavery.